



## BROTHERS RUGBY CLUB 2019 U6 – U9 PROGRAM INFORMATION



### IMPORTANT DATES

Classic Wallabies Day and Welcome Day	Saturday Feb 9 <sup>th</sup>
Welcome Session and Club Induction	Wednesday 6 <sup>th</sup> March 2019
Foundation Coaching Course	Sunday 10 <sup>th</sup> March 2019
Coaches & Managers Brief	Wednesday 13 <sup>th</sup> March 2019
Crosby Park Long Lunch & Season Launch	Sunday 17 <sup>th</sup> March 2019
Coaches Education	Monday 18 <sup>th</sup> March 2019
1 <sup>st</sup> Training Session	Wednesday 20 <sup>th</sup> March 2019
Carnival Day	Saturday 23 <sup>rd</sup> March 2019
1 <sup>st</sup> Competition Game	Saturday 27 <sup>th</sup> April 2019

### IMPORTANT INFORMATION

- Registration
  - Commences on the 16th January
  - All registrations are now done through Rugby Xplorer
  - See below for Team Formation Policy
- Classic Wallabies & MRP Showcase Day
  - Saturday 9<sup>th</sup> February – 2:00pm
  - Junior Rugby Clinic (conducted by Classic Wallabies)
  - Registrations @ <https://www.classicwallabies.com.au/mrp-clinic-registration/>
- Pre Season (Before Easter)
  - Wednesday 6<sup>th</sup> March Crosby Park 5:30-6:30pm
  - Wednesday 13<sup>th</sup> March Crosby Park 5:30-6:30pm
  - Wednesday 20<sup>th</sup> March Crosby Park (1<sup>st</sup> team session)
    - U6 & U7 5:30-6:30 Jack Ross (Top); U8 & U9 5:30-6:30 Vic Walsh (Bottom)
  - Wednesday 27<sup>th</sup> March Crosby Park (2<sup>nd</sup> team session)
    - U6 & U7 5:30-6:30 Jack Ross (Top); U8 & U9 5:30-6:30 Vic Walsh (Bottom)
- In Season
  - **Friday's** - Windsor Park
  - **Please note all training will be on Friday PM**
  - 1<sup>st</sup> Session at Windsor 26<sup>th</sup> April
  - U6 – 5:15 – 6:15pm
  - U7 – 5:15 – 6:15pm
  - U8 – 6:30 – 7:30pm
  - U9 – 6:30 – 7:30pm
- Holiday Clinics
  - Easter Holidays – Mon 8<sup>th</sup>/Tues 9<sup>th</sup>/Wed 10<sup>th</sup> April 8:30am – 12:30pm
  - Term 2 Holidays – Mon 1<sup>st</sup>/Tues 2<sup>nd</sup>/Wed 3<sup>rd</sup> July 8:30am – 12:30pm
  - September Holidays – Mon 23<sup>rd</sup>/Tues 24<sup>th</sup>/Wed 25<sup>th</sup> September 8:30am – 12:30pm
  - Summer Holidays – TBC
  - \$60 One Day/\$110 Two Day/\$150 Three Day
- Games
  - Saturday Mornings
- Team Photos
  - Friday 10 May @ Windsor Park - U7 & U9
  - Thurs 16 May @ Windsor Park – U6 & U8

## **TEAM FORMATION POLICY**

The Club's policy on allocation of players to teams recognises the following principles:

1. Player Safety
2. Team Numbers – If there is more than one team in an Age Group, team numbers are kept as even as possible, within the preferred minimum and maximum player number limits.
  - a. Under 6 & 7 play 7-a-side tag. Rugby Australia recommend a minimum of 9 and maximum 10 players per team.
  - b. Under 8 play 7-a-side tackle. Rugby Australia recommend a minimum of 9 and maximum 10 players per team.
  - c. Under 9 will play 10-a-side tackle. Rugby Australia recommend a minimum of 12 and maximum of 14 players per team.
3. Registration Caps – Player Registration numbers will be capped for each Age Group in Rugby XPlorer. Once the maximum numbers have been reached in Rugby XPlorer for an Age Group, players trying to register will be asked to email the Club Registrar in order to be placed on a Wait List.
4. Playing Positions and the Competitiveness of the team within its respective Age Group Division, ensuring the team numbers remain balanced. ARU Preferred minimum and maximum player numbers per team

All re-registrations and new registrations will open online via Rugby Xplorer on Tuesday **15<sup>th</sup> January 2019**. In 2019 Player Registration numbers will be capped for each Age Group. Once the maximum numbers have been reached in RugbyLink for an Age Group, players trying to register will be asked to email the Club Registrar in order to be placed on a Wait List. Team Allocations will commence **Friday 1<sup>st</sup> February** or once capped Age Group numbers have been reached. The Club is unable to hold places open after this date as all new player registration requests need to commence. Players who miss this registration date or apply for allocation to a team with a capped maximum will be added to the Wait List.

**AFTER** registering on Rugby XPlorer, it is requested that contact is made with Club Registrar Karen Nicholls via email at [karen@brothersrugby.com](mailto:karen@brothersrugby.com) in regards to any of the following:

- If there are multiple siblings within the U6-9 age groups, as they are allocated to sibling aligned team colours.
- Requesting a change of team (from previous years team). This request will be considered by the Club Registrar prior to **Thursday 31<sup>st</sup> January 2019** and in 'order of date received' after Registrations open **Tuesday 15th January 2019**.
- Any player wishing to play up and an age group.
- If you are a new player to the club. All new registrations are encouraged to nominate a team-mate they would like to play with. This request will be considered by the Club Registrar, when allocating players to new or existing teams.

Wherever possible siblings are placed in the same team colour so that they play at the same venue on any given game day. Wherever possible all returning players will be allocated to last season's core team provided their registration and payment is received no later than **Thursday 31st January 2019** or earlier if capped age group player numbers have been reached. Under 6 players must have had their 5th birthday to be registered.

## TEAM APP



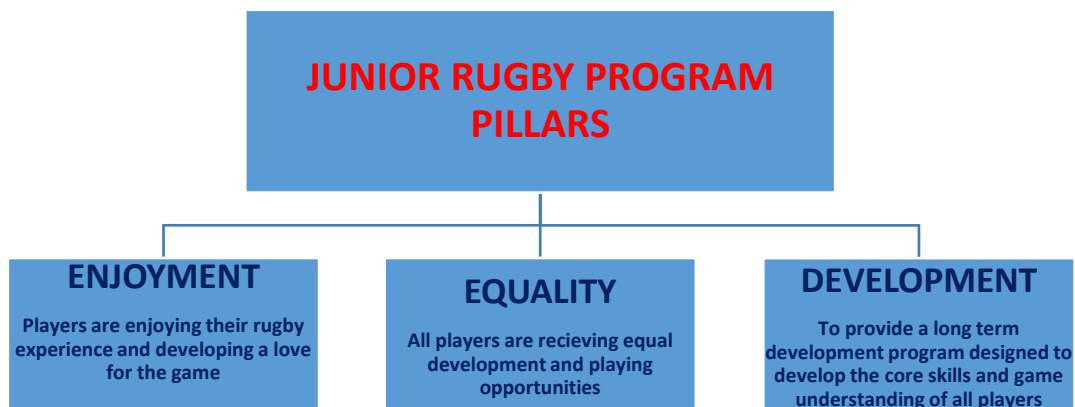
The 'Team App' Application will be implemented as a main communication avenue for the 2019 BRC Junior Rugby Program. The App provides a streamlined and simple communication channel and will allow for greater distribution of important information.



### Team App Process:

- Download Team App from your App Store (Iphone or Android)
- Search for – Brothers Rugby Club
- Become a member
  - Choose relevant group or groups
    - Eg. Junior Rugby Parent, U6, U7, U8, U9 or U10 –U11
  - Please note you can join multiple groups
- Agree and Join

## BRC JUNIORS PROGRAM PHILOSOPHY



### **THE BROTHERS WAY (1<sup>st</sup> Grade to U6 Style of Play)**

- Attack using the width of the field
- Identify and play to 'space'
- All players have the ability to catch/pass and promote the ball

## BRC JUNIOR COACHING PHILOSOPHY

### **COACH DEVELOPMENT (pillars of the BRC Junior coach development program)**



### **TRAINING SESSION DESIGN AND OUTCOMES**



## **BRC JUNIOR COACHING INFORMATION**

### **CLUB EXPECTATIONS OF COACHES**

- Be a positive role model (The Brothers Way)
- Implement the Brothers Coaching Program and Philosophy
- Follow club and competition policies (lead the way)

### **KPI's for COACHES**

- Happy and Smiling Players
- Players have developed and improved
- Retainment of players (players sign on for following season)
- **NOT WINNING**
  - o *Winning will be a bi-product of kids enjoying their rugby, developing as players and working together as a team*

### **COACH DEVELOPMENT (Pre Season)**

- Wednesday 6<sup>th</sup> March                      Club Induction (Coach Nominations)
- Sunday 10<sup>th</sup> March                      Foundation Coaching Course (ARU/QRU Accreditation)
- Wednesday 13<sup>th</sup> March                      Coach/Manager Brief and Education Session 1
- Monday 18<sup>th</sup> March                      Coach Education Session 2 (Craig Gunn – Consultant)

### **COACH PROGRAM SUPPORT (In Season)**

- Rugby Programs Officer (Part Time Employee)
  - o The Rugby Programs Officer will assist with the management of Brothers Junior Rugby Program by offering support to both player and coach development.
- Training and Planning Support
  - o Throughout the season training plans will be distributed to each age group.
  - o Training plans will be designed to assist coaches with the planning and execution of sessions and to ensure consistency in the implementation of specific age groups program/philosophies.
- Assistance at Training
  - o Through senior integration and coach assistance the club endeavours to support age groups with conducting age group sessions throughout the season.
  - o These sessions will be used to provide a new experience to players but also assist coaches with training design and plans.



## **THE BROTHERS WAY** "TO DO AND TO TEACH"

These values and behaviours are important – they lie at the heart of who we are as a club. These foundations were laid down over one hundred years ago. They have stood the test of time and will help ensure our sustained growth into the future.

<b>Our Values</b>	<b>Our Behaviours</b>
<b>Respectful</b> Of each other and our community	<ul style="list-style-type: none"><li>• Appreciating our fellow members, players and supporters and our role within the Club and wider community</li><li>• Respecting our Club and its history</li><li>• Accepting and celebrating difference in others</li></ul>
<b>Dynamic</b> In our thinking, attitudes and actions	<ul style="list-style-type: none"><li>• Leadership through example</li><li>• Enjoyment through participation</li><li>• Continually challenging ourselves</li></ul>
<b>Selfless</b> The Club comes first	<ul style="list-style-type: none"><li>• Demonstrating commitment to the Club and others</li><li>• Demonstrating a team-first approach</li><li>• Sharing credit and responsibility</li></ul>
<b>Trusting</b> Trust each other to achieve our vision and purpose	<ul style="list-style-type: none"><li>• Fostering a positive environment through support and communication</li><li>• Looking after our Brothers in Arms</li><li>• Trusting our Leadership</li></ul>
<b>Relentless</b> Continually searching for a better way	<ul style="list-style-type: none"><li>• Committed to the Club</li><li>• Continually develop and improve</li><li>• SUCCEED</li></ul>