



BROTHERS RUGBY CLUB
2019 U15, U16 & U17
DEVELOPMENT PROGRAM INFORMATION

IMPORTANT DATES

Skill Development Program Sessions	Wed 13 th Feb / Fri 22 th Feb / Fri 1 st Mar
Coach PD Session 1	Friday 1 st March
Foundation Coaching Course	Sunday 10 th March 2019
Coaches PD Session 2 (Premier Grade Observation)	Tuesday 12 th March
Crosby Park Long Lunch & Season Launch	Sunday 17 th March 2019
Team Training Sessions	Wednesday (Times TBC)
BJRU Skill Development Round 1 (1 st Game)	Sunday 31 st March

WHAT

Skill development program for any interested U15-U18 junior club player. The focus of these sessions is on core skills, position specific skills and game based decision making.

COACHES

Rugby Programs Officer Manuel Cole-Manolis and Senior/Colts Coaches

WHEN

Wednesday 13th Feb

Friday 22nd Feb

Friday 1st March

TIME

6:00pm – 7:30pm

Players to bring suitable rugby apparel and training gear.

Please Note: Training times for age group teams will be finalised by the end of this program.

REGISTRATIONS

Re-registrations and new registrations for these Age Groups will open Online via Rugby XPlorer on **THURSDAY 17th January 2019**. **AFTER** registering on Rugby XPlorer it is requested that contact is made with Club Registrar Karen Nicholls via email at karen@brothersrugby.com in regards to any of the following:

- Any player wishing to play up and an age group.
- If you are a new player to the club.

Players are to register before **Friday 1st March 2019**. Team numbers for the season will be finalised after this date. Any late registrations maybe placed on a wait list or may miss the opportunity to be placed in the most suitable team.

TEAM APP



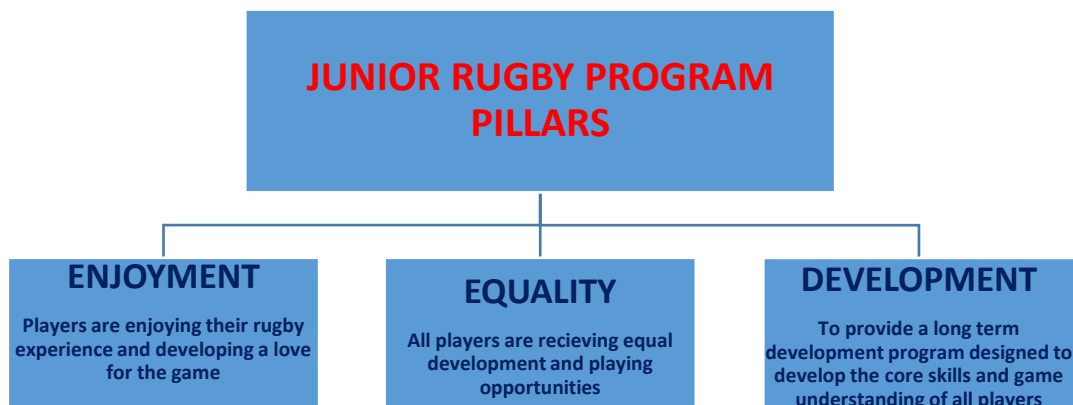
The 'Team App' Application will be implemented as a main communication avenue for the 2019 BRC Junior Rugby Program. The App provides a streamlined and simple communication channel and will allow for greater distribution of important information.



Team App Process:

- Download Team App from your App Store (Iphone or Android)
- Search for – Brothers Rugby Club
- Become a member
 - Choose relevant group or groups
 - Eg. Junior Rugby Parent, U6-9 or U10 – 11
 - Please note you can join multiple groups
 - ALL Junior Members MUST JOIN – 'Junior Rugby Member'
- Agree and Join

BRC JUNIORS PROGRAM PHILOSOPHY



THE BROTHERS WAY (1st Grade to U6 Style of Play)

- Attack using the width of the field
- Identify and play to 'space'
- All players have the ability to catch/pass and promote the ball

BRC JUNIOR COACHING PHILOSOPHY

COACH DEVELOPMENT (pillars of the BRC Junior coach development program)



TRAINING SESSION DESIGN AND OUTCOMES



BRC JUNIOR COACHING INFORMATION

CLUB EXPECTATIONS OF COACHES

- Be a positive role model (The Brothers Way)
- Implement the Brothers Coaching Program and Philosophy
- Follow club and competition policies (lead the way)

KPI's for COACHES

- Happy and Smiling Players
- Players have developed and improved
- Retainment of players (players sign on for following season)
- **NOT WINNING**
 - o *Winning will be a bi-product of kids enjoying their rugby, developing as players and working together as a team*

COACH DEVELOPMENT (Pre Season)

- Wednesday 6th March Club Induction (Coach Nominations)
- Sunday 10th March Foundation Coaching Course (ARU/QRU Accreditation)
- Wednesday 13th March Coach/Manager Brief and Education Session 1
- Monday 18th March Coach Education Session 2 (Craig Gunn – Consultant)

COACH PROGRAM SUPPORT (In Season)

- Rugby Programs Officer (Part Time Employee)
 - o The Rugby Programs Officer will assist with the management of Brothers Junior Rugby Program by offering support to both player and coach development
- Training and Planning Support
 - o Throughout the season training plans will be distributed to each age group
 - o Training plans will be designed to assist coaches with the planning and execution of sessions and to ensure consistency in the implementation of specific age groups program/philosophies
- Assistance at Training
 - o Through senior integration and coach assistance the club endeavours to support age groups with conducting age group sessions throughout the season.
 - o These sessions will be used to provide a new experience to players but also assist coaches with training design and plans.



THE BROTHERS WAY

"TO DO AND TO TEACH"

These values and behaviours are important – they lie at the heart of who we are as a club. These foundations were laid down over one hundred years ago. They have stood the test of time and will help ensure our sustained growth into the future.

Our Values	Our Behaviours
Respectful Of each other and our community	<ul style="list-style-type: none">• Appreciating our fellow members, players and supporters and our role within the Club and wider community• Respecting our Club and its history• Accepting and celebrating difference in others
Dynamic In our thinking, attitudes and actions	<ul style="list-style-type: none">• Leadership through example• Enjoyment through participation• Continually challenging ourselves
Selfless The Club comes first	<ul style="list-style-type: none">• Demonstrating commitment to the Club and others• Demonstrating a team-first approach• Sharing credit and responsibility
Trusting Trust each other to achieve our vision and purpose	<ul style="list-style-type: none">• Fostering a positive environment through support and communication• Looking after our Brothers in Arms• Trusting our Leadership
Relentless Continually searching for a better way	<ul style="list-style-type: none">• Committed to the Club• Continually develop and improve• SUCCEED